

Just For Fun ...

Want to learn something new?

Computers for the Petrified

Remove the fear of computers. Learn the basics, from switching them on, how to use them and what to do when it goes wrong.

Duration: Three 2hr sessions Cost £40

Internet and E-Mail

Send instant messages to anywhere in the world. Learn how to use the internet & e-mail.

Duration: Three 2hr sessions Cost £40

Photo Editor

Make your photos look the way they should. Learn about digital photography and how to professionally edit your photographs.

Duration: Four 2 ½ hr sessions Cost £45

First Aid Courses

Choose from one of our First Aid courses.

Introductory 4hr course Cost £45

Appointed 6hr First Aid Course Cost £50

First Aid 6hr: Babies & Children Cost £50

Languages

Always wanted to speak the lingo on holidays? Learn conversational languages, available on an individual basis or for families.

Available Now: French

Coming Soon: Spanish/Italian

Duration/Price: Course dependant.

Signing for the Deaf

Learn how to communicate with the hearing impaired.

Duration: Eight 2 hr sessions Cost £120

Aromatherapy

Learn aromatherapy skills and techniques using oils from a clinical aromatherapist.

Duration: Three 2 ½ hr sessions Cost £40

Reiki

Realign the body's energies. Learn relaxation techniques and feel the benefits of Reiki from a qualified Reiki Practitioner.

Duration: 3hrs Cost £25

Wine Tasting

Impress your friends! Explore the good from the bad, different wine regions & grapes & sample the flavours.

Duration and cost TBC

Parenting Skills ...

Workshops designed for Parents & Carers

Little Angels

Reaching the end of your tether? Join us & learn new ideas & techniques for dealing with common pre-5 problems including: bedtimes, mealtimes & tantrums.

Duration and Cost TBC

Managing Challenging Behaviour

Look at the causes of conflict & explore strategies to cope with challenging behaviour in children.

Duration: One 3hr session Cost £35

Sand Tray Experiential Workshop

An excellent course providing parents & carers with an understanding of their child's play behaviour and how emotion plays a part in this.

Duration: One 3hr session Cost £35

Creative Play

Want to learn how to fill those rainy days? Learn new & exciting play ideas to encourage creativity in your children.

Duration: One 3hr session Cost £18

Computers: What Parents Should Know

Learn potential dangers of internet use for children & how to overcome them.

Duration: One 3hr session Cost £25

Helping with Homework

Gain an understanding of children's individual learning styles, how this affects them and how to support and motivate them in the learning process.

Duration: One 3hr session Cost £22

Surviving Adolescence

Learn about the changes & difficulties faced by teenagers today, identify potential concerns & explore strategies to support & build their self-esteem.

Duration: One 3hr session Cost £30

£5 Off Voucher

Only 1 voucher per person, valid for your first course only.

Voucher valid on presentation of leaflet.

Valid until September 2005.

**Introductory Offer

**All prices correct at time of print – May 2005

Personal Development...

Enhance your business skills

Accelerate Programme (Back to Work)

Ideal for those who have been out of the workplace for a time. Bring your office, IT & interpersonal skills up to date in areas such as computers, customer service, office, assertiveness & interview skills.

Duration: Five 3hr sessions Cost £67.50

SVQ Childcare Qualifications

Fancy a career in childcare or want to further your qualifications? We offer a range of childcare qualifications.

Duration/Price: Course dependant

IT Skills

Choose from one of our specialist IT courses to enhance your computer skills; Advanced Computing, Excel, PowerPoint, Desktop Publishing or Web Design.

Duration/Price: Course dependant

Communication Skills

Learn how to effectively communicate. Explore the various methods of communication inc: verbal language, listening skills & body language.

Duration: One 3hr session Cost £30

Motivation & Assertiveness

Put the get up and go back into your life!

Discover personal motivation techniques and learn how to assert yourself effectively.

Duration: 4hrs Cost £32.50

Employment Law

Choose from one of our courses looking at all aspects of employment and the legislation surrounding it.

Duration: One 3hr session Cost £30

Time Management

Learn new techniques and tools to effectively manage your time, whether at home or in the workplace.

Duration: One 3hr session Cost £30

Customer Service

Understand the importance of good customer service and develop key service excellence skills.

Duration: One 3hr session Cost £30

Recruitment & Selection

Learn techniques and processes for effective recruitment.

Duration: One 3hr session Cost £30

Cairellot Learning Centre

Designed for you....

We are delighted to announce the opening of our new Community Learning Centre. Available to everyone, for young or old, for individuals or families, for business or just for fun...we have something to suit everyone.

We have a wide range of courses, facilities and services available. Our courses range from short workshops to more extensive programmes and will run at times to suit you. We are approved through the Scottish Qualifications Authority and SQMS as well as being a branded Learning Centre for Learn Direct Scotland.

So if you fancy learning something new, take a look at our courses that we have available or simply call in to see us....

We look forward to seeing you...



Learn for Less!

Cairellot Learning Centre is a branded learning centre for Learn Direct Scotland, where anyone earning £15,000 or less per year can access unlimited learning up to the value of £200. If this applies to you and you are interested in attending one or more of our courses then please contact either Cairellot Learning Centre or Learn Direct Scotland.

Our learning portfolio has been designed by the community for the community. If there is a subject or course that we do not have currently available and you would be interested in, please let us know.



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